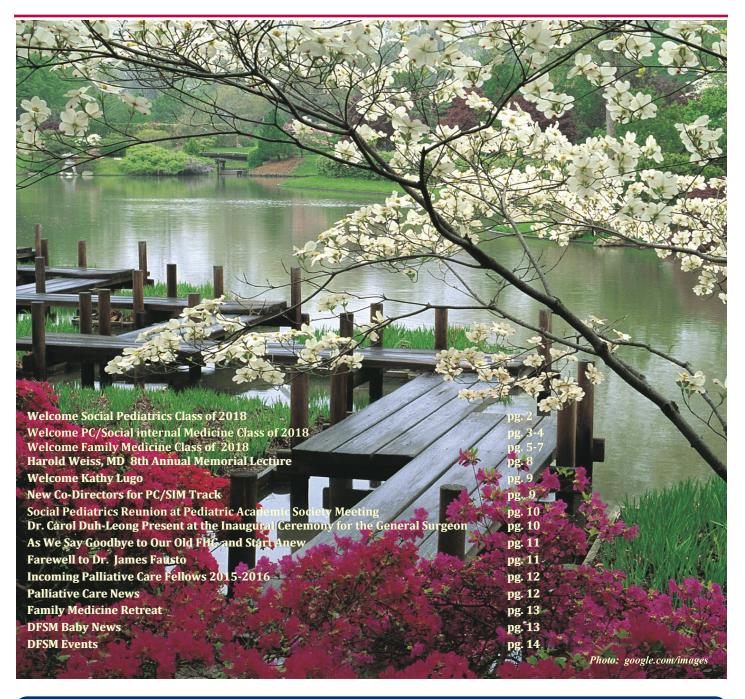
# **DFSM** eNewsletter

NEWS FROM THE DEPARTMENT OF FAMILY AND SOCIAL MEDICINE April-May 2015

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### WELCOME SOCIAL PEDIATRICS CLASS OF 2018



#### Shelby Davies, MD—Medical School: New York University School of Medicine

Shelby graduated cum laude from Bowdoin College with a Bachelors in Arts in Biochemistry with a minor in Russian. While in Maine she was appointed as a McKeen fellow for community engagement and was actively involved in the operations and funding of local non-profit organizations. She was awarded the Spirit of Service award for outstanding commitment to improving the lives of others through service. While in medical school, she has volunteered at multiple sites including the NYC Free Clinic Outreach center, Hurricane Sandy Distribution center and at an adult education center in Harlem. She is Co-Founder and Co-President of Sexual Assault/Domestic Violence Awareness program providing educational programs for

medical students to develop the skills to evaluate for sexual assault. Shelby spent a significant amount of time in Lima, Peru as a field researcher educating mothers about childhood nutrition and healthy eating. Shelby has extensive research experience having worked at Columbia University as a clinical research coordinator, at the National Institutes of Health as a summer research intern and more recently at New York University as a research associate examining racial health care disparities. She has many regional and national presentations with several peer reviewed publications.



### Esther Jeong, MD—Medical School: Sidney Kimmel Medical College at Thomas Jefferson **University**

Esther graduated from Cornell University with a Bachelor in Arts in Biological Sciences. She then went on to pursue a medical degree while also completing her Master's in Public Health from Thomas Jefferson University where she was awarded the MPH Student Achievement award for excellence in community service and leadership in public health initiatives. Esther has had extensive volunteer experience including serving as a Public Health Intern for the Food Trust in Philadelphia where she provided nutrition education to local farmers markets and as a Soup Kitchen coordinator. She was also actively involved in Refugee Health Partners as a leader in their education committee and as a health class coordinator to South-

east Asian women. More recently, she has been Co-chair of the Diversity Council where she initiated a series of lunch presentations around racial, cultural and religious diversity in medicine and as a course coordinator of a nutrition and integrated medicine course where she planned a medical school elective integrating Western medicine with practices of yoga, traditional Chinese medicine and spirituality. Esther was a global health volunteer as the Children's Program Director to a rural village in Maracaibo, Venezuela where she was actively involved in creating sustainable educational and community initiatives for children. Esther has been actively involved in research and has had several presentations and a publication.



### Sunna Jo, MD—Medical School: Albert Einstein College of Medicine of Yeshiva University

Sunna graduated from Cornell University with a Bachelor in Arts in Biological Sciences. She then spent some time as a research assistant at Boston Children's hospital developing a quality improvement study to assess hospital practices in NICU infants. Sunna has extensive volunteer experiences including Don't Walk By, an annual homeless outreach campaign to mobilize homeless New Yorkers to alternative shelter programs and Restore NYC, a program to end sex trafficking in New York where she is working to establish a clinic for girls and women to receive health care in a confidential and safe environment. She has also been a medical student volunteer at the Einstein Community Health Outreach Free Clinic and at Jacobi Kids where she cared for hospitalized children in the Bronx. Sunna has been actively involved in research

while both in undergraduate and medical school and has had several presentations and a publication. As a research assistant at NYU Langone Medical Center she examined data looking at the characteristics of infants born to women with chronic hepatitis B infection.



#### Ashley Landicho, MD—Medical School: Drexel University College of Medicine

Ashley graduated from Drexel University with a Bachelor in Science in Biological Sciences. During that time, she was involved in several community volunteer experiences including the Big Sister program and as a tutor to inner- city children in Philadelphia, PA. She completed a Master in Business Administration from Drexel University, Lebow College of Business during her medical school training and served as a legislative intern for the American Academy of Pediatrics Department of Federal Affairs Internship program in Washington, D.C. She was an AMSA Health Equity Scholar and founder of two important initiatives at Drexel University, the Roundtable of American Health Delivery and Recharting the Border where she brought together a multi- disciplinary group of students including law, nursing, public health to engage in discussion on the vision of the American health care system. Ashley has been actively involved in research while both in

undergraduate and medical school and has had several presentations and a publication.

### WELCOME PC/SOCIAL INTERNAL MEDICINE CLASS OF 2018



#### Shannon Blaney, MD—University of Vermont College of Medicine

Shannon graduated from Bryn Mawr College in 1999. After completing her MPH in International Health and Development from Tulane University in 2001, she worked for almost ten years as a Research Analyst at the New York Academy of Medicine focusing on urban and social epidemiology. Shannon has worked in a needle exchange program, as an HIV testing counselor, and in refugee health. Shannon also worked with the Vermont College of Medicine's Gender and Sexuality Alliance, helping to improve the curriculum to promote LGBTQ health.



### Mary Cambou, MD—University of California, Los Angeles David Geffen School of Medicine

Mary graduated from UC Berkeley in 2008 with a B.A. in Molecular and Cell Biology. While at Berkeley she participated in a clinical preceptorship working with the indigenous Quechua in the Andes in Ecuador which sparked her interest in global health. During medical school, Mary was awarded a prestigious and competitive fellowship in the UCLA Global Health South America Program in HIV Prevention Research and has participated in research programs in Peru and Brazil. She presented her work at the STI and AIDS World Congress in Vienna. Her passions are global health and working with the underserved.



### Ashley Ceniceros, MD—Northwestern University

Ashley graduated in 2008 from University of Notre Dame with a B.F.A. in Industrial Design. She attended Loyola University in Chicago for her Post-Baccalaureate and received a dual MD/MPH degree from Northwestern. She has a variety of interests locally and abroad including designing a program for incoming medical students to expose them to healthcare systems in Chicago as well as conducting a research project surveying the knowledge and attitudes of community health workers about postpartum depression in Ethiopia. In addition, she conducted a needs assessment of transgender youth inmates to identify areas of research and design behavioral changes interventions. Her hobbies include body fitness, running, knitting, drawing and reading graphic novels.



### Sameen Faroog, MD—Wayne State University School of Medicine

Sameen earned a double major in Political Science and Biology at City University of New York. During medical school, he completed the Co-Curricular Program in Medicine and Political Action in the Community and spent 150 hours over two years participating in activities related to outreach and health policy. These activities included meeting with legislators and their staff in Washington D.C. and Lansing, MI to advocate for graduate medical education funding. Additionally, Mr. Faroog participated in outreach to the impoverished of Detroit by volunteering at World AIDs Day, Cass Clinic and Street Medicine Detroit. His hobbies include cooking, improv theatre, music and poetry.



#### Louisa Holaday, MD—University of Michigan Medical School

Louisa graduated from the University of Michigan in 2004 with a Bachelor in General Studies. During her medical school training, Louisa was an inaugural member of the Health Equity Scholars program at the University of Michigan, a program designed to reinforce the medical schools commitment to serving indigent and marginalized communities. Her research interests focus on medical education and academic workforce diversity. She is fluent in Spanish and has helped develop a pre-clinical Spanish language program at UMMS. Her hobbies include travelling, languages, singing, dancing, reading and yoga.

### WELCOME PC/SOCIAL INTERNAL MEDICINE CLASS OF 2018



#### Andrea Jakubowski, MD—Icahn School of Medicine at Mount Sinai

Andrea graduated from the University of Rochester with a B.S. in Biochemistry. She has been extensively involved with programs at the New York City Department of Health and spent a scholarly year working on evaluation of the city's overdose prevention and take-home naloxone program. She also co-founded and co-led both the Human Rights and Social Justice Scholars program for first year medical students and Doctors For America, a national grassroots organization to increase awareness of health insurance expansion under the Affordable Care Act. In her spare time, Andrea enjoys playing the cello, biking, running and travelling.



#### **Justine Phifer, MD—Mercer University School of Medicine**

Justine completed her undergraduate studies at Emory University in 2008 with a B.A. in Psychology. She conducted research with Emory's Department of Psychiatry on PTSD and pain, and is interested in the integration of mental health and primary care. Justine has traveled to India and Cambodia to set up health clinics and provide primary care to the local population. Justine has also volunteered in health clinics and with the Stroke Support Group in Savannah, GA. Her hobbies include hiking, travel, live music, running and yoga.



#### Evan Rausch, MD—Columbia University College of Physicians and Surgeons

Evan graduated in 2010 with a B.A. in English and a minor in Global Health from Northwestern University. He has traveled as a volunteer to Kenya, chaperoned for high school students on a trip to Japan, and fund raised in Southeast Asia for community health organizations. During medical school, Evan co-led Columbia's Harm Reduction Outreach Network, a student-run free primary care and harm reduction clinic for individuals with addiction, and was also co-president for Physicians for Human Rights. Evan is proficient in Japanese and Spanish. His hobbies include running, water-skiing and playing classical music.



### Richard Silvera, MD—Icahn School of Medicine at Mount Sinai

Richard graduated from New York University College of Arts and Sciences in 2002 with a B.A. in English and American Literature and also completed his M.P.H. at NYU in 2008. Before attending medical school, he worked as an HIV researcher, a risk-reduction counselor and a coordinator for vaccine, behavioral and community-based studies. He has spent time studying the health of marginalized populations including men who have sex with men, persons living with HIV/AIDS and the incarcerated. During medical school, he held leadership positions in the Community Health Fair, LGBTQ people in Medicine and World AIDS Day which helped raise awareness and bring HIV services to East Harlem. His hobbies include collaborative storytelling and game design.



#### <u>lean Claude Uwamungu, MD—Université Nationale de Rwanda Faculté de Médecine</u>

Jean Claude (Claude) completed undergraduate and medical degree studies at the National University of Rwanda in 2010, where he received his B.M. and M.B. degrees. He subsequently went to work in a public hospital in rural Rwanda where he managed a wide range of illnesses in patients of all ages with an interest in chronic non-communicable diseases. He developed an interest in teaching and training physicians and became the director of Medical Education and Training for Partners in Health, the Harvard-affiliated NGO. He had a wide range of responsibilities including clinical teaching and mentoring medical students and residents from a number of other countries. Claude is proficient in Bantu and French and his hobbies include reading, cycling, swimming and travelling.

### WELCOME FAMILY MEDICINE CLASS OF 2018



### Sara Fontanez, MD—Lovola University Chicago Stritch School of Medicine

Sara grew up in Westchester County, NY and Northern Virginia. She attended Boston College where she graduated with a BA in Theology. She subsequently completed her pre-med studies at the University of Pennsylvania, but later returned to Boston, where she worked for two years as a clinical research coordinator in the Department of Cardiology at Massachusetts General Hospital. Sara attended medical school at Loyola University Chicago. During her pre-clinical years, she led a community health initiative, in which medical students make home visits to medically and socially complex patient families to improve patient health literacy and compliance, and enhance student cultural competence. During her time at Loyola, Sara was also very involved with the Center for Community and Global Health and received Honors in Global

Health for her work with underserved communities, including the creation of an after-school health advocacy and peer group for adolescent girls. She has a passion for history, language, and culture, and has participated in service and study abroad programs in Argentina, Bolivia, Ecuador, and El Salvador. Sara has special clinical interests in adolescent medicine, HIV/AIDS, immigrant health, and palliative care. She is proficient in Spanish. Some of her favorite things include movie trivia, Yankee games, travel, and urban gardening.



#### Lee Isaacsohn, MD—University of Cincinnati College of Medicine

Lee graduated from Wesleyan University and received a Bachelor of Arts in Molecular Biology. After college, Lee joined Americorps and spent a year serving the homeless community of Washington D.C. working with the D.C. Central Kitchen. He was an advocate for his homeless clients as well as resource for them to find housing, shelter, and employment. Lee then received a Master's Degree in Nutrition from Columbia, where he focused on issues of homelessness and wrote a thesis exploring avenues to accessible nutrition for homeless populations in New York City. From New York, Lee attended culinary school, and then pursued Medicine at the University of Cincinnati Medical School. During Medical School Lee worked on a Nava-

jo reservation in New Mexico, providing pre-natal counseling and care to one of the most underserved populations in the country. Lee continues to passionate about bringing medical care to underserved populations. He also enjoys putting those culinary skills to use, and loves to do arts and crafts.



### Sandhya Lekshmi Kumar, MD—University of Alabama School of Medicine

Sandhya studied Psychology at the University of Alabama at Birmingham (UAB), where she dedicated her time outside of class to running UAB's Habitat for Humanity chapter, being a mentor in the Big Brothers Big Sisters program, and conducting research on the social and cognitive neuroscience of autism. After college, Sandhya spent a year as a Fulbright Fellow teaching elementary English in a historically disadvantaged aboriginal village in Taiwan. While at the University of Alabama School of Medicine (UASOM), she quickly became involved in Equal Access Birmingham (EAB), UASOM's medical student-run organization dedicated to providing health services to Birmingham's underserved. Through work with EAB, Sandhya discovered her

passion for health education as a means of empowering disadvantaged and vulnerable populations at risk for acquiring preventable chronic conditions. This experience inspired Sandhya's community-based health disparities research supported by an AAFP Foundation Cities for Life Collaboration Award Grant, in which she developed an education intervention to enhance health-promoting behaviors in a segment of the homeless population. Sandhya was elected by her peers to be a member of the Gold Humanism Honor Society (GHHS) and after completion of her residency, she will be practicing in an underserved community as part of the National Health Service Corps. Sandhya speaks basic Malayalam and basic Mandarin. Sandhya enjoys spending time with her family and friends, traveling, writing, and staying active with yoga, hikes, and long runs. She just recently ran her first full marathon and is ready to sign up for more! Sandhya is excited about transitioning to New York and is looking forward to exploring life as a Yankee!



### Marissa Lapedis, MD—University of Michigan Medical School

Marissa was born and raised in Ann Arbor, Michigan. She attended McGill University in Montreal, Quebec where she was able to explore the city where both her parents grew up. While at McGill, she studied psychology and played on the Women's Lacrosse team. She returned to her hometown to study medicine and was actively involved in the Medical Students for Choice chapter as well as curricular reform, particularly pertaining to student wellness and humanism in medicine. To pursue her interest in alternative modalities of medicine, she spent the year between her 3rd and 4th year of medical school at UCSF as a research fellow at the Osher Center for Integrative Medicine. She was involved in a research study assessing how a whole-

systems Ayurvedic treatment impacted breast cancer survivors. During that year she learned to bake a tasty loaf of San Francisco sourdough, had the opportunity to regularly attend the Buddhist meditation group, Dharma Punx, and completed a 200-hour yoga teacher training course. Marissa speaks pretty decent Spanish and some French. She loves dance of all types (watching, choreographing and participating), yoga, cooking, and spending time outdoors. Montefiore

### WELCOME FAMILY MEDICINE CLASS OF 2018



#### Mariya Masyukova, MD—Albert Einstein College of Medicine of Yeshiva University

Mariya received a Bachelor of Science in Human Biology from Brown University. While in Rhode Island, she facilitated writing and arts workshops for women in the state prison through a student-run group. After college, she moved to New York City to work as a housing coordinator in a men's homeless shelter. Later, while at Albert Einstein College of Medicine, she helped launch the student group HOPE, (Homeless Outreach Program at Einstein), and the student-resident collaborative project SPHERE (Space in Prison for Education for Re-Entry). She organized and led the Community-Student Advisory Board to ground student volunteer work in the needs and resources of surrounding Bronx communities. In her master's thesis research for the Clinical Research Training Program at Einstein, Mariya studied models of

primary care for formerly incarcerated people with HIV. She helped pilot group medical visits for buprenorphine maintenance treatment at a community clinic in the Bronx, and conducted a qualitative research project about people's experiences of addiction and recovery. Mariya is indebted to her mentors, colleagues, clients, and loved ones, who have inspired and nourished her. She is fluent in Russian and speaks basic Spanish. Outside of medicine, Mariya enjoys quick sketches, run-on sentences, and epic city walks with friends.



#### Sumathi Narayana, MD—University of Massachusetts Medical School

Sumathi is a first-generation American and proud Massachusetts native. She graduated from the University of Massachusetts Amherst in 2009, with a Bachelor of Arts in Comparative Literature and a double minor in Women's Studies and Spanish. During college, she served as contributor and editor for The Nexus, a student-run, social justice magazine. Later, she trained to become a rape-crisis counselor through the UMASS Everywoman's Center. As an "educator/advocate," she facilitated workshops and helped organize rallies, such as "Take Back the Night," to promote awareness of intimate partner violence and sexual assault on campus. After college, she worked as a counselor and violence prevention coordinator for a domestic violence agency in central MA. Her passions for community activism and public health

coalesced in her decision to pursue a career in family medicine. In 2010, she entered the University of Massachusetts medical school, where she was incredibly fortunate to be mentored by a number of dedicated and accomplished family physicians. During medical school, she continued to foster her love of social activism by becoming an active member of student groups advocating for reproductive justice, diversity in medicine and QLGBT rights. Sumathi extended her medical studies for one year to develop and implement an advocacy-training program for the Worcester Alliance Against Sexual Exploitation, a multi-disciplinary coalition working to confront sex trafficking in the community and support the health and wellbeing of survivors of commercial sex-work. Sumathi's medical interests include women's health, addiction, HIV/AIDS, behavioral health and violence prevention. Outside of the clinical realm, she enjoys spending time with her family, (especially her two awesome nephews!), travelling the world and learning languages. She is passionate about the art of storytelling and all things food-related. Sumathi speaks Spanish, as well as basic Tamil and Portuguese.



#### Alexander Pappas, MD—University of Maryland School of Medicine

Alexi graduated from Harvard University with a Bachelor of Arts in Government, and spent a semester abroad in Buenos Aires, Argentina. After college, he lived for a period in Venezuela and worked in public policy for the city government and health department of Baltimore, and later in the Maryland Governor's Office. He stayed in Baltimore to complete a post-baccalaureate program at Goucher College and attended the University of Maryland School of Medicine. In medical school, Alexi was active in student group leadership related to social justice topics. He volunteered as a Spanish medical interpreter at a free clinic for the homeless and for the community-based Staying Alive overdose prevention program. Stemming from this work, Alexi co-founded the Baltimore Student Harm Reduction Coalition, a multi-

institutional student and young professionals organization designed to promote education, advocacy and direct service related to harm reduction principles in healthcare. His involvement in the Baltimore harm reduction community led to his appointment to the Oversight Committee for the Baltimore City Health Department's Needle Exchange Program. Alexi speaks Spanish and some Greek that he has retained from his childhood. He enjoys music, athletics, and following world news. He is looking forward to visiting Yankee Stadium and rooting for his hometown Baltimore Orioles.

## WELCOME FAMILY MEDICINE CLASS OF 2018



### <u>Joanna Sharpless, MD—The Warren Alpert Medical School of Brown University</u>

Joanna graduated from Brown University, where she was a member of the Program in Liberal Medical Education, an eight-year combined B.A./M.D. program. While at Brown, she studied English literature and spent time volunteering and studying in Intibucá, Honduras and Buenos Aires, Argentina – experiences that triggered her interest in immigrant health. During her time at Brown Medical School, she served on the board of the student-run free clinic and pursued her love of writing by designing a project to interview and profile migrant farm workers in Maryland. Between her third and fourth years of medical school, she spent a year working for *The Dr. Oz Show* in New York City, where she did medical research, writing and editing for the website. She has particular interests in immigrant and Latino health

and in using narrative medicine to transform perceptions of health and healthcare. In her free time, she loves to read, travel, try new restaurants and continue her never-ending quest to find the perfect chocolate chip cookie.



#### Samantha Lorraine Stimmel, MD—Icahn School of Medicine at Mount Sinai

Sam was born and raised in NYC. She graduated from Dartmouth College with a BA in Classical Languages and Literature. She was admitted early decision to Mount Sinai's Humanities and Medicine program, which enabled her to pursue her passions for sexual health, education, advocacy and the classics while in college. She was a leader, student resource and advocate for survivors of sexual assault and taught sexual health courses through the student health department. During her year off between college and medical school, Sam spent the winter at a Spanish language immersion program in Costa Rica and went on an archaeological dig in Spain. In medical school at Mount Sinai Sam further developed her interest in sexual health and primary care for the underserved. She developed a curriculum for the Sexu-

al Health Elective, became a doula for women's health procedures, and was awarded a fellowship in community research for the student-run free health clinic. During her scholarly year, Sam was the recipient of the Student's for Reproductive Choice Externship for which she gained training in women's sexual health procedures. She also performed research looking at adolescents and long-acting, reversible forms of contraception. She was a leader in the Family Medicine Interest Group and received awards as a teaching assistant and tutor. Sam is passionate about comprehensive healthcare for the underserved, sexual health and reproductive choice. Sam loves cooking, cycling, music, and travel.



### Joshua Yap, MD—Loma Linda University School of Medicine

Joshua graduated from La Sierra University in California with a Bachelor of Arts in Business Administration. During his undergraduate years, he combined his passion for arts and community through a series of programs including 'Youthical,' an after-school youth training program that produced relief aid fundraising musical revues, and 'With Inner Strength,' a self-worth initiative to "Cure the RASH (Rape, Assault, Sexism, Harassment)." He then went on to study medicine at Loma Linda University where he mentored music and self-esteem with underserved youth at an FQHC. He helped run a summer health camp for underserved youth which assisted him in a publication and presentation on childhood obesity

and interventions. He also served as treasurer and vice-president of the Lifestyle Medicine Interest Group where he worked to educate not only the community but also his colleagues about healthy living and its economic, healthcare, and personal impact. He participated in the Sexual Health Leadership Course through AMSA which resulted in a working research project comparing medical student personal attitude toward sexual health topics and sexuality and their correlate clinical attitude toward patient interaction and treatment. Having lived and worked for many years in the metropolitan area with the worst poverty, Joshua looks forward to learning about the intricacies of social medicine and hopes to fuse that with his belief in holistic medical approaches to bring the health and economic benefits of wholeness to underserved communities. He speaks Chinese and basic Spanish. His hobbies include music, theater, television, food, DIY art, and collecting magnets from his travels.

### HAROLD WISE, MD 8TH ANNUAL MEMORIAL LECTURE



The Eighth Annual Harold Wise, MD Memorial Lecture Delivered May 12, 2015 at the Grand Hall, Montefiore Medical Center.

The Residency Program in Social Medicine was pleased to welcome back Jane Bedell, MD, IM '90. Dr. Bedell is assistant Commissioner and Medical Director, Bronx District Public Health Office, NYC

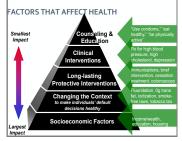
Back to the Future: **Community Oriented Primary Care** and Place-based Strategies for Health Jane Bedell, MD Assistant Commissioner & Medical Director Bronx District Public Health Office NYC Dept of Health & Mental Hygiene

Department of Health and Mental Hygiene. She has been a citizen, clinician, educator, advocate and leader in the Bronx since completing her residency at the RPSM. It's not uncommon to see her bicycling about the borough one of the many ways in which she "walks her talk". Her presentation was entitled "Community-Oriented Primary Care and Place-Based Strategies for Health". She called on us to examine our roles in furthering the agenda of inte-

grating primary care with

public health with the goal of promoting social justice. Firstly she called on us to Provide Clarity – be impeccable with our words, in particular in relation to the definitions of population health, public health and community health. She reminded us that our work needs to continue to be grounded in attention to the social determi-

nants of health and the root cause of social inequities. Secondly, she encouraged our role in











Providing Evidence - gathering, analyzing and disseminating of data, both quantitative and qualitative. She highlighted the need to focus public health research using an "equity lens" in order to decrease the impact of disparities that have race and class biases at their roots. She emphasized a special window of opportunity under the current mayor and current leadership of the NYCDOHMH, who have a commitment to

use public resources to this end. Thirdly, she discussed the need to Align with the historically and systematically under-represented. She described the Collective Impact Model of Community Engagement which the DOHMH will be using to establish alliances as well as the agency's commitment to collaborate with other city agencies to promote "Health in All Planning".

In summary, Dr. Bedell reminded us to continue the legacies that Drs. Harold Wise and David Kindig, RPSM '74 have set out for us - integrating the provision of high quality patient and family-centered care with population health, defined by Kindig as "having a focus on the health outcomes of a defined group of individuals, including the distribution of such outcomes within the group".



### WELCOME KATHY LUGO



We are very pleased to announce that Ms. Kathy Lugo has joined the Department of Family and Social Medicine as Manager of Financial Services and Associate Administrator for the Department. Given recent changes in Mona's role, and Jacinta's departure to the Department of Medicine, we have created this newly defined role which will help our department to develop strategically both in finance and operations, and is the best fit for Kathy's unique talents and experience. Kathy received her B.S. from Cornell University and her Master's in Management from Columbia University; prior to coming to Montefiore, she worked as a practice manager for a surgical group practice in Manhattan. At Montefiore, Kathy has held the role of Business Operations Consultant in the Performance Excellence area for the past three years. During her tenure there she managed a portfolio of projects for executive leadership using the skills of strategy planning, business development, project manage-

ment and process improvement to optimize clinical operations across the system. Kathy has helped develop both business cases and cost-benefit analyses in the financial arena and has worked on developing new workflows to improve operational processes. In all of her projects she utilized and analyzed metrics to drive performance and accountability amongst her teams. We are very pleased that Kathy has joined us and brought her skills and experience to our department. She may be contacted at klugo@montefiore.org.

### **NEW CO-DIRECTORS FOR PC/SIM TRACK**



It was recently announced by Drs. Peter Selwyn, Professor and Chair, Department of Family and Social Medicine and Laurie Jacobs, Professor and Interim Chair, Department of Internal Medicine, that the track directorship for Montefiore's Primary Care/ Social Internal Medicine program within the Residency Programs in Social Medicine would be assumed jointly by Drs. Shwetha Iyer (left) and Erin Goss (right), effective April 1, 2015.



Both graduates of the PC/SIM program, Drs. Iyer and Goss bring a passion and a commitment to the varied missions of the program. A 2011 graduate of the program, Dr. Iyer completed her medical education at Temple University, has been serving as Associate Track Director since 2014, and has been instrumental in recruitment efforts, developing curricula and implementing program improvements. Dr. Goss, a graduate of Columbia University College of Physicians & Surgeons, completed the PC/SIM program in 2012, is involved in the physical diagnosis and epidemiology curricula within the program, as well as coordinating resident HIV patient care and curriculum at the CHCC clinic.

We welcome and wish them well in their positions. They may be contacted at siyer@montefiore.org or egoss@montefiore.org.

### SOCIAL PEDIATRICS REUNION AT PEDIATRIC ACADEMIC **SOCIETY MEETING**



Laura Marcus Norah Li, Justin Kopa, Nina Castelnuovo, Sarah Givner, Carol Du-Leong, Krishika Graham, Eleanor Bathory, Milani Patel

Congratulations to all our Social Pediatrics Residents, Graduates and Faculty who presented at the Pediatric Academic Societies in San Diego, CA in April.

## DR. CAROL DUH-LEONG PRESENT AT THE INAUGURAL **CEREMONY FOR THE GENERAL SURGEON**

We are so proud of our Social Pediatrics Intern, Dr. Carol Duh- Leong (right) who was present for the inaugural ceremony for Dr. Vivek Murthy, the 19th Surgeon General of the United States on April 22 in Washington, D.C.

Dr. Vivek Murthy has been a mentor to Dr. Duh-Leong through their work together in the 2008 Election and through Doctors for America. In his Commissioning Speech, Dr. Murthy spoke of health equity as a civil rights issue and of the importance of focusing on prevention. He called for the country to work together to build the **Great American Community.** 



From Left to Right: Terence Leong (Dr. Carol Duh-Leong's husband), Dr. Vivek Murthy, Dr. Alice Chen (Dr. Murthy's fiancée and Executive Director of Doctors for America), and Dr. Carol Duh-Leong

### AS WE SAY GOODBYE TO OUR OLD FHC AND START ANEW



Top left: Samantha Saltares and Lisa Baron Top right: Peter Selwyn, Sandra Fernandes, Lisa Baron, Elana Craemer, Sarah Stumbar, Ilana Ambrogi, Juan Robles, Willie Novotny, Anu Kotay, Meg Rosenberg, Bill Jordan Bottom left: Juan Robles and Elana Craemer, Bottom right: Adeela Blackwell, Sherar Andalcio, Otis Lewis, Maddy Mendez On March 6, 2015 at an informal gathering of those lucky few working the last session at 360 E. 193rd, we bid a heartfelt farewell to the old FHC and an optimistic welcome to the new.

Pictures from our beautiful new facility to come after the ribbon-cutting ceremony on Thursday, June 11, 2015.

### FAREWELL TO DR. JAMES FAUSTO

Dr. James Fausto started his residency in Family Medicine here at Montefiore Medical Center in 2006. He continued on to complete his Fellowship in Hospice and Palliative Care in June 2010. He initially served as the Fellowship Program Director for Hospice and Palliative Medicine for 2 years before assuming the role of Medical Director for Hospice and Palliative Medicine.

During his time here, he has been an outstanding teacher, an inspiration to the many residents and fellows that he trained. He has spearheaded the growth of the Palliative Care team, and supported the service across the three main Montefiore sites.

Dr. Fausto, will be moving to University of Washington, Seattle, where he will become the Associate Medical Director in Palliative Medicine in June 2015. In this new role he will assist in the development of their program as well as help develop an in-patient unit.

We wish him the best and will surely miss him!



Farewell Dinner—April 10, 2015

Bruce Soloway, Tanya Nair, James Fausto, Elizabeth Chuang, Tracy Ng, Daniel Snow, Meg Mullin, Jhosselini Cardenas, Natalie Furka (past fellow), Michele Charles and Guest, Peter Selwyn, Ken Meeker, Beverly Zabriskie, Priya Pinto, Julisa Alvarez, Say Solomon, Cristian Zanartu, Rev. Rosa Caraballo and Wanda Montanez

# INCOMING PALLIATIVE CARE FELLOWS 2015-2016



**Dr. Tarek Zetoune** 

Originally from Damascus, Syria, he is currently a Pediatric Resident at Flushing Hospital Medical Center. Tarek enjoys playing the classic guitar and spending time with his wife and daughter! Welcome Tarek!



Dr. Lisa Edmond

Lisa is a partner with Oak Street Medical in Eugene OR. She has a been a family practice physician for the past 20 years where she has assisted many on their end of life journey. Lisa's interests are focused on the art of healing and she is also a Reiki Master! Welcome Lisa!



Dr. Jean Burg

Jean comes to us with over 24 years of experience as an attending in family medicine. She is well known to our Department and has served as the Chair of the Department of Family Medicine of the North Bronx Health Care Network division of the NYC Health and Hospitals Corporation for many years. Jean has decided to embark on a new journey. Welcome Jean!

### PALLIATIVE CARE NEWS

Marlene McHugh DNP, FNP and Palliative Care Nursing Leaders from across the NYC area have started a Hospice and Palliative Care (HPNA) Chapter. Nurses and APNs interested in joining can contact <a href="mailto:mmchugh@montefiore.org">mmchugh@montefiore.org</a> or <a href="http://www.hpna.org">http://www.hpna.org</a> for further information.

## **FAMILY MEDICINE RETREAT**

On Tuesday, May 5, the FM Faculty and Residents had their Annual Spring Retreat at Bear Mountain, New York. The day started with a great breakfast, some team building exercises then lunch, and ended with free time. Everyone was free to enjoy numerous activities including yoga, trail walk, and musical performances. A great time was had by all!



## DFSM EVENTS





# Department of Family & Social Medicine Annual Poster Day

Tuesday, June 16, 2015

3<sup>rd</sup> Floor Conference Room, 3544 Jerome Ave. 4:30 p.m. - 6:00 p.m.

DFSM's Annual Poster Day is the perfect venue to share and view the wide range of educational scholarship activities being conducted by our students, residents and faculty.

- Social Medicine Projects
- Evaluation Projects
- Works in Progress
- Curriculum Design
- Community Projects
- and MUCH more!

### **SUBMISSION DEADLINE: MAY 29, 2015**

To submit a poster, complete the accompanying form and return it by fax or email to Nina Burgan at 718-515-5416 or NBURGAN@montefiore.org





### Social Medicine in the Kitchen...

### ASIAN CABBAGE MANGO SLAW

#### **INGREDIENTS**

- 2 cups shredded cabbage
- 1/2 cup shredded carrots
- 1 mango, not fully ripe
- 3 medium scallions, chopped
- 3 tbsp rice vinegar
- 1/2 lime, juiced
- 1 tbsp low sodium soy sauce (or tamari for gluten free)
- 1 tbsp sesame oil
- 1 tsp black and white sesame seeds

#### **INSTRUCTIONS**

- 1. Julienne the mango (cut into strips). Combine with the cabbage, carrots, scallions and toss together in a large bowl.
- 2. Prepare the dressing by whisking together the rice vinegar, soy sauce, and lime juice; slowly whisk in the oil.
- 3. Pour the dressing over the cabbage mixture and toss to coat. Let it sit at least 15-20 minutes to let the dressing soak in.

Serve sprinkled with sesame seeds.



Recipe from www.skinnytaste.com

### SHRIMP VEGGIE SALAD

#### **INGREDIENTS**

- 1 pound peeled and deveined cooked medium shrimp
- 3 medium tomatoes, seeded and cut into 1/2-inch pieces
- 2 medium cucumbers, quartered and sliced
- 1 small red onion, chopped
- 1/2 cup chopped fresh cilantro
- 4 green onions, chopped
- 2 jalapeno peppers, seeded and minced
- 2 tablespoons lemon juice
- 1/2 teaspoon salt
- 2 medium ripe avocados, peeled and cubed

Prep/Total Time: 20 min.

#### **INSTRUCTIONS**

1. Combine the first nine ingredients in a large bowl. Gently stir in avocado. Serve immediately.

Yield: 12 servings (1 cup each)



Recipe from tasteofhome.com

### **Publications & Presentations...**

### **Publications**

Bachhuber, M. A., B. Saloner, C. O. Cunningham and C. L. Barry. "Medical Cannabis Laws and Opioid Analgesic Overdose Mortality in the United States, 1999-2010." *Jama Internal Medicine* 174, no. 10 (2014): 1668-1673.

Blackstock, O. J., A. E. Blank, J. J. Fletcher, N. Verdecias and C. O. Cunningham. "Considering Care-Seeking Behaviors Reveals Important Differences among Hiv-Positive Women Not Engaged in Care: Implications for Intervention." *Aids Patient Care and Stds* 29, (2015): S20-S26.

Blackstock, O. J., L. J. Haughton, R. Y. Garner, K. J. Horvath, C. Norwood and C. O. Cunningham. "General and Health-Related Internet Use among an Urban, Community-Based Sample of Hiv-Positive Women: Implications for Intervention Development." *Aids Care-Psychological and Socio-Medical Aspects of Aids/HIV* 27, no. 4 (2015): 536-544.

Blank, A. E., J. Fletcher, N. Verdecias, I. Garcia, O. Blackstock and C. Cunningham.
"Factors Associated with Retention and Viral Suppression among a Cohort of Hiv+Women of Color." *Aids Patient Care and Stds* 29, (2015): S27-S35.

Nelson BB, Bonuck KA. "Healthy sleep in young children: missed opportunity in early childhood programs and policies?" Sleep Health: Journal of the National Sleep Foundation. In press corrected proof. DOI: <a href="http://dx.doi.org/10.1016/j.sleh.2015.02.002">http://dx.doi.org/10.1016/j.sleh.2015.02.002</a> dx.doi.org/10.1016/j.sleh.2015.02.002

Chambers, E.C., E. Rosenbaum. "Heart Disease Higher for Bronx Latinos with Housing Assistance." How Housing Matters. MacArthur Foundation. February 2015. <a href="http://howhousingmatters.org/articles/heart-disease-higher-for-bronx-latinos-with-housing-assistance/">http://howhousingmatters.org/articles/heart-disease-higher-for-bronx-latinos-with-housing-assistance/</a>

Chu, C., M. Heo, A. Peshansky, G. Umanski, P. Meissner, C. Voss and P. A. Selwyn. "Comparable Sustained Virologic Suppression between Community- and Academic-Based Hiv Care Settings." *Journal of the American Board of Family Medicine* 28, no. 1 (2015): 72-81.

DiNicolantonio J.J, S.C. Lucan. "Sugar vs. Salt: Which Has the Greater Impact on Your Heart Health?" *Forbes* (Impact Factor: 0.15). (2015).

Eastwood, E. A., J. Fletcher, E. B. Quinlivan, N. Verdecias, J. M. Birnbaum and A. E. Blank. "Baseline Social Characteristics and Barriers to Care from a Special Projects of National Significance Women of Color with Hiv Study: A Comparison of Urban and Rural Women and Barriers to Hiv Care." *Aids Patient Care and Stds* 29, (2015): S4-S10.

Fox, A. D., A. Chamberlain, N. L. Sohler, T. Frost and C. O. Cunningham. "Illicit Buprenorphine Use, Interest in and Access to Buprenorphine Treatment among Syringe Exchange Participants." *Journal of Substance Abuse Treatment* 48, no. 1 (2015): 112-116.

Hagmann, S. H. F., P. V. Han, W. M. Stauffer, A. O. Miller, B. A. Connor, D. C. Hale, C. M. Coyle, J. D. Cahill, C. Marano, D. H. Esposito, P. E. Kozarsky and Network GeoSentinel Surveillance. "Travel-Associated Disease among Us Residents Visiting Us Geosentinel Clinics after Return from International Travel." *Family Practice* 31, no. 6 (2014): 678-687.

Huynh, M. H., L. N. Borrell and E. C. Chambers. "Nativity Status/Length of Stay in the Us and Excessive Gestational Weight Gain in New York City Teens, 2008-2010." *Journal of Community Health* 40, no. 1 (2015): 161-166.

Lounsbury, D. W., B. Schwartz, A. Palma and A. Blank. "Simulating Patterns of Patient Engagement, Treatment Adherence, and Viral Suppression: A System Dynamics Approach to Evaluating Hiv Care Management." *Aids Patient Care and Stds* 29, (2015): S55-S63.

Lucan, S. C. and J. J. DiNicolantonio. "Standardizing Portion Sizes May Not Benefit Human or Environmental Health." *American Journal of Public Health* 104, no. 12 (2014): E8-E8.

Lucan, S.C. A.R. Maroko, O. Sanon, R. Frias, C.B. Schechter. "Urban Farmers Markets: Accessiblity, Offering and Produce Variety, Quality and Price Compared to Nearby Stores." *Appetite*. Feb 27 2015. PMID: 25733377.

Lurio, J. G., H. L. Peay and K. D. Mathews. "Recognition and Management of Motor Delay and Muscle Weakness in Children." *American Family Physician* 91, no. 1 (2015): 38-44.

Ohri, N., B. D. Rapkin, D. Guha, H. Haynes-Lewis, C. Guha, S. Kalnicki and M. Garg. "Predictors of Radiation Therapy Noncompliance in an Urban Academic Cancer Center." *International Journal of Radiation Oncology Biology Physics* 91, no. 1 (2015): 232-238.

Park, J., K. M. Lee, H. Zhou, M. Rabin, K. Jwo, W. B. Burton and D. C. Gritz. "Community Practice Patterns for Bacterial Corneal Ulcer Evaluation and Treatment." *Eye & Contact Lens-Science and Clinical Practice* 41, no. 1 (2015): 12-18.

Quinlivan, E. B., J. Fletcher, E. A. Eastwood, A. E. Blank, N. Verdecias and K. Roytburd. "Health Status of Hiv-Infected Women Entering Care: Baseline Medical Findings from the Women of Color Initiative." *Aids Patient Care and Stds* 29, (2015): S11-S19.

Romero, D., L. Maldonado, L. Fuentes and L. Prine. "Association of Reproductive Health Training on Intention to Provide Services after Residency: The Family Physician Resident Survey." *Family Medicine* 47, no. 1 (2015): 22-30.

Shaparin, N., J. Bernstein, R. S. White and A. Kaufman. "Bevel Direction of Epidural Needles Reliably Predicts Direction of Catheter Placement and Contrast Spread in Human Cadavers: Results of a Pilot Study." *Journal of Clinical Anesthesia* 26, no. 8 (2014): 587-590.

Talib, H., T. Ponnapakkam, R. Katikaneni, U. Khan, S. Coupey and R. Gensure. "Randomized Clinicaltrial Comparing Two Standard High-Dose Treatment Regimens for Vitamin D Deficiency in Minority Adolescents." *Osteoporosis International* 25, (2014): S515-S516.

### **Publications & Presentations...**

#### **Presentations**

Bonuck KA. "Increasing Sleep Health Literacy in Early Childhood." American Academy of Physiologic Medicine and Dentistry. March 27, 2015. New York City.

Bonuck KA, A call to Intetgrate "Sleep Health Literacy into Head Start,." 42nd Annual Head Start Conference and Expo. March 31, 2015. Washington D.C.

Fiori K, J Schechter, S Houndeou, S Braganza. "Global Health Delivery Science: Applying the Care Delivery Value Framework to a Community Based HIV/AIDS Initiative in Togo, West Africa." Poster Presentations at: Academic Pediatric Association Regions II and III Meeting, Bronx NY, March 2015, Consortium of Universities for Global Health Annual Meeting, Boston MA, March 2015.

Li N, K Scharbach, S Braganza. "Moving on Up: Pediatric Perspectives on the Transition of Adolescents to an Adult Model of Care." Poster Presentation: Academic Pediatric Association Regions II and III Meeting, Bronx NY, March 2015.

White-Davis, T., Gold, M., Tattleman, E., Thill, Z., and Korin, E. "Coalition Against Racism (CAR): Bringing Race, Power, and Privilege to the Forefront of Medicine." Poster presentation at Davidoff Research Day, Einstein College of Medicine. Bronx, NY. March 2015.

STFM Annual Spring
Conference
Orlando, Florida
April 25-29, 2015

Becker K., O'Connell D. Seminar: "Patient-Centered Evidence-Based Medicine: Reconciling the Models in the Context of Shared Decision-Making."

Becker K., Duggan M. Seminar: "Evidence and Industry: How Do We Decide What to Believe?"

Ekanadham H., Lin S. Poster: "Don't See, Don't Care: An Analysis of Weight Misperception in Overweight and Obese Adolescents and Its Impact on Weight Management Attitudes and Behaviors."

Guilliames C., Tschannerl A., Naqvi Z., Tattelman E. Seminar: "Preparing Residents for Physician Leadership in a PCMH."

Hartman S., Carter D., Duggan M., Fitzgerald M., Flaherty A., Fletcher J., Kolasa-Lenarz A., Lavendar R., Loomis E. Scholastic Poster: "Survey of Attending Supervision and Resident Satisfaction With Maternity Care Training."

Hartman S., Borus Z., Carter D., Duggan M., Fitzgerald M., Flaherty A., Fletcher J., Kolasa-Lenarz A., Lavender R., Loomis E. Concurrent Education Session: "Qualitative Study of Faculty Supervision in Family Medicine Maternity Care Education."

Kumar B., Wilder V., Prine L. Seminar: "Breaking Down Barriers: Exploring Barriers in Contraception Care."

Miller S., Summit A., Pierce C., Bennett A., Gold M. Seminar: "Looking Beyond "Intended" Versus "Unintended" Pregnancy: Addressing Reproductive Needs Through a Patient-Centered Lens."

Schubert F., Stein T., Bishop E., Gold M. Scholarly Topic Roundtable Presentation: "Strategies to Improve Clinical and Didactic Education About IUDs and Contraceptive Implants in Family Medicine Residencies."

Summit A., Schubert F., Gold M. Research Poster: "Enhanced Reproductive Health-Training for Family Medicine Residents."

Summit A., Casey L., Karasz A., Gold M. Lecture: "What Patients Value About Early Abortion Care in the Family Medicine Setting: Key Implications for Family Medicine-Learners."

Tschannerl A. Guilliames, C., Naqvi Z., Tattelman, E. Lecture: "Social Medicine for Medical Students."

Vaca M., Tuggy M., Velez S. Scholastic Poster: "Improving the Family Medicine Board Pass Rate in Your Residency Program."

Society of General Internal Medicine Annual Meeting, Toronto, Canada April 25-29, 2015

Abare M. LeFrancois D. Poster: "Taking Note of Lymph Nodes."

Blackstock O., Interest Group: "HIV/AIDS."

Bhatraju E., Kurland, S., Van Metre Baum L., Chang A., Taff, J., Fox J., Lipkin M., Hanley K., Poster: "WAM! Week of Addiction Medicine: An Intensive Curriculum for Internal Medicine-Primary Care Interns."

Fluker S., Gardenier D., Miller L. Norton B., et al. Workshop: "Hot Topics in Hepatitis C: Should I Screen, Can I Treat, and Who Will Be On My Team?"

Fox A., Masyukova M. Poster: "We Need More: Adding Peer Support and Group Counseling to Buprenorphine Maintenance Treatment in Primary Care Through Group Medical Visits."

Fox A., Masyukova M. Poster: "Buprenorphine Group Medical Visits: Team -based Opioid Addiction Treatment in Primary Care."

Fox A., Hawks L., Norton, B., Litwin A., Cunningham C. Abstract Session: "Integrated Care Increases Evaluation But Not Treatment for Chronic Hepatitis C Virus Infection in Primary Care."

Giftos J., Safo S. Poster: "A Cortisol Conundrum in an HIV- Positive Patient on ARVs."

Gonzalez C., Deno M., Kintzer E., Mckee M.D., Marantz P. Abstract Session: "Exploring Patient's Perceptions of Racial and Ethnic Bias in Medical Encounters."

Gonzalez C., Deno M., Kintzer E., McKee M.D., Marantz P. Poster: "Exploring Medical Student's Perspectives Regarding Instruction on the Recognition and Management of Racial and Ethnic Implicit Bias."

Goss E., Iyer S., Griff J., LeFrancois D., Paccione G. Poster Session: "Clinical Reasoning Curriculum: Teaching Clinical Reasoning Principles as Part of Residency Education."

Hawks L., Norton B., Cunningham C., Fox A. Abstract Session: "The Hepatitis C Virus Cascade at an Urban Post-Incarceration Transitions Clinic."

Mansour M. Schlair S., Leung S., Arad D., LeFrancois D. Poster: "Defining Quality of Resident Work Rounds: Impact of Team Size and PGY- level."

Mercon M., Felsen U., Patel V. Poster: "Low Rates of HIV Pre-exposure Prophylaxis (PrEP) and Non-occupational Post-exposure Prophylaxis (nPEP) in a Large Urban Health Care System."

### **Publications & Presentations...**

Olson D., Makadon H., Patel V. Workshop: "Update in Lesbian, Gay, Bisexual and Transgender (LGBT) Health."

Phillips K., Fox A., Starrels J. Weimer M. Update: "Addiction Medicine for the General Internist."

Ross J., Hanna D., Felsen U., Patel V. Abstract Session: "Clinical Characteristics of undocumented Immigrants With HIV in Bronx, NY."

Safo S., Cunningham C., Blank A., Quinlivan E., Lincoln T., Blackstock O. "A High Number of Days in Pain is Associated with More Missed Clinic Visits Among HIV-positive Women."

Siegel J. Rich C., Azari S., Jain S., Capps L. Workshop: "Next Steps in Teaching Residents about Vulnerable Populations: Frameworks for Curricular Development at Three Urban Academic Medical Centers."

Torres-Deas, L., Jeffers A., Swedish K., Patel V.. Swiderski D. Poster: "Mental Health Training needs Assessment in Internal Medicine Residency Program."

**Eastern Society for Pediatric Ressearch Annual Meeting** March 20-22, 2015 Philadelphia, PA and **Pediatric Academic Societies Annual Meeting** San Diego, CA April 25-28, 2015

Furman A, M Patel, S Braganza. Poster Presentation: "Participant Perspectives on Education at WIC."

Graham K, M Patel, S Braganza. Poster Presentation: "From Boosters to Books: Enhancing Emergent Literacy in the Medical Home."

Kopa J, S Overhold, A Luciano, J Scholnick, N Hoffman. Poster Presentation: "In Their Own Words: Adolescent Male Perspectives on Health Care."

Li N, K Scharbach, S Braganza. Poster Presentation: "Moving on Up: Pediatric Perspectives on the Transition of Adolescents to an Adult Model of Care."

Patel M, J Scholnick, T White-Davis, E Bathory, S Braganza. Oral Presentation: "Resident Documentation of Social Determinants of Health: Effects of a Teaching Tool."



### **Future Dates...**

### **Social Medicine Rounds**

Every 2nd & 4th Tuesday of the Month—4:30-6:00PM 3544 Jerome Ave, 3rd floor

For more info go to: www.socialmedicine.info

June 2, 2015	September 8, 2015
June 9, 2015	<b>September 22, 2015</b>
June 23, 2015	October 13, 2015
July 14, 2015	October 27, 2015
July 28, 2015	November 10, 2015
August 11, 2015	November 24, 2015
August 25, 2015	<b>December 8, 2015</b>
	December 22, 2015



# Healing Arts-Associate Wellness: 5 Rhythms

Movement as Medicine Program Sessions

(Third Tuesday of the month) Grand Hall (Gunhill Entrance)

5:15 -6:15PM

June 16, 2015 July 21, 2015 August 18, 2015 September 15, 2015 October 20, 2015 November 17, 2015 December 15, 2015

### **Grand Rounds**

Every 2nd & 4th Thursday of the Month—8:00-9AM Internet Broadcast:

- —Montefiore Family Health Center, 3rd fl. Conference Room
- -Williamsbridge Family Practice-Precepting Room
- -Moses Family Inpatient Unit- NW7 Conference Room

June 11, 2015—Ellen Tattelman June 25, 2015—Marji Gold July 9, 2015—Stacie Pollack July 23, 2015—Keith Veltri August 13, 2015—TBA August 27, 2015—TBA September 10, 2015—Joy Kang September 24, 2015—TBA All members of the extended DFSM/RPSM community are welcome to join Family Medicine Grand Rounds on the Web.

Please contact Maria Pasa <a href="mailto:mpasa@montefiore.org">mpasa@montefiore.org</a> for an electronic invitation and instructions on how to connect.

October 8, 2015—TBA October 22, 2015—TBA November 12, 2014—TBA November 26, 2015—HOLIDAY December 10, 2015—TBA December 24, 2015—HOLIDAY

### Social Medicine on the Web...

### **Pulse**

### Voices from the heart of medicine

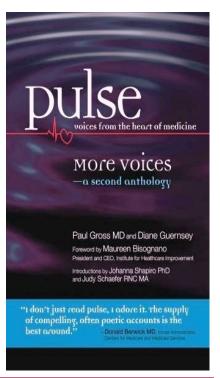
#### Friday Is Pulse Day

Pulse--voices from the heart of medicine, the weekly online publication created by DFSM, is celebrating its sixth birthday in 2014 and continues to attract new readers from around the world.

Every Friday, Pulse e-mails out a first-person story or poem about health care. These personal, compelling and authentic pieces are written by patients, healthcare professionals and students, providing a rare forum that welcomes everyone involved in health care. Pulse stories have been featured in the Washington Post, in NPR's health blog Shots and in KevinMD.com.

Dr. Donald Berwick, founder of the Institute for Healthcare Improvement, spoke for many when he said, "I not only read Pulse, I adore it... The supply of compelling, often poetic accounts is the best around."

Family medicine residents Masha Gervits and Sarah Stumbar have recently published stories in Pulse. To submit a story or to subscribe, visit pulsevoices.org.



### Social Medicine/Medicina Social

Social Medicine is a bilingual, academic, open-access journal published since 2006 by the Department of Family and Social Medicine at Montefiore Medical Center/Albert Einstein College of Medicine and the Latin American Social Medicine Association (ALAMES). Registration with the journal is not necessary to read the content.

http://www.socialmedicine.info/index.php/ socialmedicine

### **Social Medicine Portal**

Social Medicine Portal is a project developed by faculty members of the Department of Family and Social Medicine of the Albert Einstein College of Medicine. The portal contains links to websites, documents and presentations devoted to social medicine. Our goal in creating this site is to link together the diverse international community of people working in social medicine and health activism. We encourage visitors to e-mail us materials for inclusion.

http://www.socialmedicine.org/

## Montefiore Health Opportunities Program (MONTE HOP)

Helping Students Succeed in Health Careers

Montefiore's Health Opportunities Program (Monte H.O.P.) is a summer enrichment program for students from economically or educationally disadvantaged backgrounds and/or from groups typically considered underrepresented in the health care fields.

http://www.montefiore.org/montefiore-healthopportunities-program DFSM ENewsletter is produced by the Department of Family and Social Medicine at Montefiore Medical Center

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