

# AARON SAMUEL BRESLOW, Ph.D.

Assistant Professor, PRIME Center for Health Equity,  
Psychiatry Research Institute at Montefiore/Einstein  
Albert Einstein College of Medicine

1300 Morris Park Avenue, Van Etten 4A-47, Bronx, NY, 10461

[aaron.breslow@einsteinmed.org](mailto:aaron.breslow@einsteinmed.org) / [bronxhealthequity.com](http://bronxhealthequity.com) / [aaronbreslowphd.com](http://aaronbreslowphd.com)

---

## PROFILE

Professor, researcher, and clinician with rigorous empirical and clinical focus on improving LGBTQ mental health, mitigating minority stress, and increasing healthcare access and quality for marginalized groups. Licensed Psychologist in New York State.

---

## CURRENT APPOINTMENTS

<b>Albert Einstein College of Medicine, Bronx, NY</b> PRIME Center for Health Equity, Department of Psychiatry and Behavioral Sciences <i>Assistant Professor</i>	2020-Present
<b>Montefiore Medical Center, Bronx, NY</b> <i>Attending Psychologist</i>	2020-Present
<b>Harvard Medical School, Boston, NY</b> Health Equity Research Lab, Cambridge Health Alliance <i>Affiliate Research Faculty</i>	2018-Present
<b>Teachers College, Columbia University, New York, NY</b> Department of Counseling & Clinical Psychology <i>Adjunct Clinical Professor</i>	2018-Present

---

## EDUCATION

<b><u>Harvard Medical School, Boston, MA</u></b> <i>Postdoctoral Fellowship in Mental Health Equity Research</i> Health Equity Research Lab; Einstein-Rockefeller-City University of New York Center for AIDS Research	2018-2020
<b><u>Teachers College, Columbia University, New York, NY</u></b> <i>PhD, Counseling Psychology</i> Department of Counseling and Clinical Psychology; Dissertation: "HIV is not a Crime: Criminalization and discrimination in HIV/AIDS minority stress"	2018
<b><u>Teachers College, Columbia University, New York, NY</u></b>	2017

*MPhil, Counseling & Clinical Psychology*

Department of Counseling and Clinical Psychology; Thesis: “Resilience and collective action: Exploring buffers against minority stress for transgender individuals”

**Brandeis University, Waltham, MA**

2010

*BA, Women's and Gender Studies*

Department of Women's, Gender, and Sexuality Studies

Honors Thesis: “Transcending exclusion: Transgender survivors’ experiences with single-gender domestic violence services” | Dean’s List | Summa Cum Laude | Global Health Fellowship in HIV Prevention and Care at University of Cape Town, South Africa

---

## RESEARCH EXPERIENCE

**Albert Einstein College of Medicine**

2018-Present

*Assistant Professor*

Lab: Center for Health Equity, Department of Psychiatry and Behavioral Sciences

- Coordinate NIH, SAMHSA, and foundation-funded studies to identify and reduce health care disparities in underserved populations. Develop and evaluate clinical and policy interventions, leveraging community assets and mobilizing system transformation.

**Teachers College, Columbia University**

2013-2018

*Graduate Research Coordinator*

Lab: Laboratory for Oppression, Resilience, and Empowerment (identityLORE)

- Managed 15 nationally representative, mixed-method studies on the psychological impact of marginalization and empowerment among marginalized groups, including: LGBTQ communities, people with disabilities and chronic illness, people with body image and eating disorder symptomatology
- Mentored 3-5 MA students per year in thesis development, research skills training, and applying empirical findings in clinical training and practice

**Center for HIV/AIDS Educational Studies & Training, City University of New York, New York, NY**

2010-2013

*Project Manager*

- Managed 1000+ participants for five studies on HIV risk and mental health among ethnically diverse gay and bisexual men and trans women. Performed data collection, analysis, and dissemination, as well as protocol development and training of 30-person staff.
- Maintained enrollment and retention, assured quality of quantitative and qualitative data, and supervised analysis team. Wrote literature reviews, crafted in-service presentations, prepared applications for IRB approval, and co-authored manuscripts for publication.

**Desmond Tutu HIV Foundation, University of Cape Town, Cape Town, South Africa**

2010-2013

- Provided administrative support to multi-site study on the efficacy and acceptability of Pre-Exposure Prophylaxis (PrEP) amongst gay and bisexually active men and transgender women.
- Initiated and managed an international database evaluating quantitative and qualitative health data of 300+ participants, Launched five community health outreach events to promote safer sex in low-income communities engaged in sex work.

---

## PUBLICATIONS

### Peer-Reviewed Journal Articles, Published or in Press

27. Restar, A., **Breslow, A. S.**, Jin, J., Quilantang, M. I., Sison, O., Bermudez, A. N., Palatino, M., Adia, A., Cu-Uvin, S., Operario, D., Nazareno, J. (2021). Transgender-specific developmental milestones and associated experiences of violence, discrimination, and stigma among Filipinx transgender women who are sexually active with men. *PLOS ONE*. In Press.
26. Bhattacharyya, S., **Breslow, A. S.**, Carrasco, J., Cook, B. L. (2021). When structural inequity is ubiquitous, can force ever be compassionate? *AMA Journal of Ethics*, 23(4). In Press.
25. Progovac, A.M., Tran, N.M., Mullin, B.O., De Mello Libardi Maia, J., Creedon, T.B., Dunham, E., Reisner, S.L., McDowell, A., Bird, N., Sanchez Roman, M.J., Dunn, M., Telingator, C., Lu, F., **Breslow, A. S.**, Forstein, M., Cook, B. L. (2021). Elevated rates of violence victimization and suicide attempt among transgender and gender diverse patients in an urban, safety net health system. *World Medical & Health Policy*. In Press.
24. **Breslow, A. S.**, Wojcik, H., Cox, R., Tran, N. M., & Brewster, M. E. (2020). Toward nonbinary nuance in research and care: Mapping differences in gender affirmation and transgender congruence in an online national US survey. *Transgender Health*. doi:[10.1089/trgh.2020.0038](https://doi.org/10.1089/trgh.2020.0038)
23. Restar, A., Jin, H., **Breslow, A. S.**, Reisner, S. L., Mimiaga, M., Cahill, S., & Hughto, J. M. (2020). Legal gender marker and name change is associated with lower negative emotional response to gender-based mistreatment and improve mental health outcomes among trans populations. *SSM-Population Health*, 11. doi:[10.1016/j.ssmph.2020.100595](https://doi.org/10.1016/j.ssmph.2020.100595)
22. Progovac, A. M., Mullin, B. O., Dunham, E., Reisner, S. L., McDowell, A., Roman, M. J. S., Dunn, M., Telingator, C. J., Lu, F., **Breslow, A. S.**, Forstein, M., Cook, B. (2020). Disparities in suicidality by gender identity among Medicare beneficiaries. *American Journal of Preventive Medicine*, 58(6), 789-798. doi:[10.1016/j.amepre.2020.01.004](https://doi.org/10.1016/j.amepre.2020.01.004)
21. **Breslow, A. S.**, Brewster, M. E. (2019). HIV is not a crime: Exploring criminalization and discrimination in a dual model of HIV/AIDS minority stress. *Stigma and Health*, online first. doi:[10.1037/sah0000177](https://doi.org/10.1037/sah0000177)
20. **Breslow, A. S.**, Sandil, R., Brewster, M. E., Parent, M., Chan, A., Yucel, A., Bensmiller, N., Glaeser, E.

- Adonis on the apps: Online objectification, self-esteem, and sexual minority men. *Psychology of Men and Masculinities*, 21(1), 25-35. doi:[10.1037/men0000202](https://doi.org/10.1037/men0000202)
19. Mastropaolo, C. N., Carrasco, B., **Breslow, A. S.**, Magnon, G. Security amidst stigma: Exploring HIV and sexual minority stressors through an attachment-based psychotherapy group. *Psychotherapy*, 57(1), 29–34. doi:[10.1037/pst0000264](https://doi.org/10.1037/pst0000264)
  18. **Breslow, A. S.**, Tran, N., M., Lu, F. Q., Alpert, J. E., Cook, B. L. (2019). Depression treatment expenditures for adults in the USA: A systematic review. *Current Psychiatry Reports*, 21(105), online first. doi:[10.1007/s11920-019-1083-3](https://doi.org/10.1007/s11920-019-1083-3)
  17. Restar, A., Jin, H., **Breslow, A. S.**, Surace, A., Antebi-Gruszka, N., Kuhns, L., Reisner, S., Garofalo, R., Mimiaga, M. J. (2019). Developmental milestones: Results from a racially and ethnically diverse sample of young transgender women in two U.S. cities. *Transgender Health*, online first. doi:[10.1089/trgh.2019.0008](https://doi.org/10.1089/trgh.2019.0008)
  16. Brewster, M. E., Velez, B., **Breslow, A. S.**, Geiger, E. (2019). Unpacking body image concerns and disordered eating for transgender women: The roles of sexual objectification and minority stress. *Journal of Counseling Psychology*, 16(2), 131-142. doi:[10.1037/cou0000333](https://doi.org/10.1037/cou0000333)
  15. Brewster, M. E., Soderstrom, B., Esposito, J., **Breslow, A. S.**, Sawyer, J., Geiger, E., Morshedean, N., Arango, S., Caso, T., Foster, A., Sandil, R., Cheng, J. A. (2017). A content analysis of scholarship on consensual non-monogamies: Methodological roadmaps, current themes, and directions for future research. *Couple and Family Psychology: Research and Practice*, 6(1), 32-47. doi:[10.1037/cfp0000074](https://doi.org/10.1037/cfp0000074)
  14. Brewster, M. E., Sandil, R., DeBlaere, C., **Breslow, A. S.**, Eklund, A. (2016). “Do you even lift, bro?” Objectification, minority stress, and body image concerns for sexual minority men. *Psychology of Men and Masculinity*, 6(1), 32-47. doi:[10.1037/men0000043](https://doi.org/10.1037/men0000043)
  13. Velez, B., **Breslow, A. S.**, Brewster, M. E., Cox, R., & Foster, A. (2016). Building a pantheoretical model of dehumanization with transgender men: Integrating objectification and minority stress theories. *Journal of Counseling Psychology*, 63(5), 497-508. doi:[10.1037/cou0000136](https://doi.org/10.1037/cou0000136)
  12. **Breslow, A. S.**, Brewster, M. E., Velez, B., Wong, S., Geiger, E., & Soderstrom, B. (2015). Resilience and collective action: Exploring buffers against minority stress for transgender individuals. *Psychology of Sexual Orientation and Gender Diversity*, 2(3), 253-265. doi:[10.1037/sgd0000117](https://doi.org/10.1037/sgd0000117)
  11. Grov, C., **Breslow, A. S.**, Rendina, J., Ventuneac, A. (2014). Men who have sex with men’s exposure to, use of, and subjective experiences with the ‘NYC Condom.’ *AIDS and Behavior*, 18(11), 2172-2177. doi:[10.1007/s10461-014-0783-2](https://doi.org/10.1007/s10461-014-0783-2)
  10. Grov, C., Rendina, J., **Breslow, A. S.**, Ventuneac, A., Adelson, S., Parsons, J. T. (2014). Characteristics of men who have sex with men (MSM) who attend sex parties: Results from a national online sample in the U.S. *Sexually Transmitted Infections*, 90(1), 26-32. doi:[10.1136/sextrans-2013-051094](https://doi.org/10.1136/sextrans-2013-051094)

9. Grov, C., **Breslow, A. S.**, Newcomb, M. E., Rosenberger, J. G., Bauermeister, J. A. (2014). Gay and bisexual men's use of the Internet: Research from the 1990s through 2013. *Journal of Sex Research*, 51(4), 390-409. doi:[10.1080/00224499.2013.871626](https://doi.org/10.1080/00224499.2013.871626)
8. Rendina, J., **Breslow, A. S.**, Grov, C., Ventuneac, A., Parsons, J. T. (2014). Interest in couples-based voluntary HIV counseling and testing in a national US sample of gay and bisexual men: The role of demographic and HIV risk factors. *Archives of Sexual Behavior*, 43(1), 149-159. doi:[10.1007/s10508-013-0226-6](https://doi.org/10.1007/s10508-013-0226-6)
7. Starks, T. J., Rendina, H. J., **Breslow, A. S.**, Parsons, J. T., & Golub, S. A. (2013). The psychological cost of anticipating HIV stigma for HIV-negative gay and bisexual men. *AIDS and Behavior*, 17(8), 2732-2741. doi:[10.1007/s10461-013-0425-0](https://doi.org/10.1007/s10461-013-0425-0)
6. Grov, C., Agymenag, L., Ventuneac, A., **Breslow, A. S.** (2013). Navigating condom use and HIV status disclosure with partners met online: A qualitative pilot study with gay and bisexual men from Craigslist.org. *AIDS Education and Prevention*, 25(1), 72-85. doi.org:[10.1521/aeap.2013.25.1.72](https://doi.org/10.1521/aeap.2013.25.1.72)

### **Book Chapters**

5. **Breslow, A. S.** (2021). Psychiatric implications of gender and sexuality. In J. Alpert, S. Schlozman, & A. Walker (Eds.), *Introduction to psychiatry: Preclinical foundations and clinical essentials*. Cambridge University Press. doi
4. Scheer, J. R., **Breslow, A. S.**, Esposito, J., Price, M. (2019). Violence against gay men. In E. M. Lund, C. Burgess., & A. Johnson (Eds.), *Violence against LGBTQ+ persons: Research, practice, and advocacy*. Springer Publishing.

### **Encyclopedia Entries**

3. **Breslow, A. S.**, Wojcik, H., Roberts, N., Augenblick, J. (2020). Resiliency among trans people. In A. Goldberg & G. Beemyn (Eds.), *SAGE encyclopedia of trans studies*. SAGE Publications.
2. **Breslow, A. S.**, Scheer, J., Velez, B. (2020). Workplace policies affecting trans people. In *SAGE encyclopedia of trans studies*. SAGE Publications.
1. Scheer, J., **Breslow, A. S.**, Velez, B. (2020). Harassment of trans people. In *SAGE encyclopedia of trans studies*. SAGE Publications.

---

## **SCIENTIFIC JOURNAL REVIEWING**

### **Editorial Positions**

*Annals of LGBTQ Public and Population Health* (Editorial Advisory Board)

2019-2021

### **Ad Hoc Reviewing**

<i>Psychotherapy</i>	2019-Present
<i>Transgender Health</i>	2019-Present
<i>Psychology of Sexual Orientation and Gender Diversity</i>	2019-Present
<i>Psychology and Sexuality</i>	2018-Present
<i>Cognitive and Behavioral Practice</i>	2017-Present
<i>LGBT Health</i>	2016-Present
<i>Journal of Sex Research</i>	2013-Present
<i>Journal of the International AIDS Society</i>	2013-Present

---

## ACADEMIC PRESENTATIONS

### **Oral Presentations at Scientific Meetings - Domestic**

62. **Breslow, A. S.**, Sandil, R., Brewster, M. E., Parent, M. C., Chan, A., Yucel, A., ... & Glaeser, E. (2021, November). *Digital disembodiment: Measuring the impact of online objectification on self-esteem and body satisfaction among app-using sexual minority men* [Symposium]. Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT). New Orleans, LA.
61. Augenblick, J., Wojcik, H., Yang, K., Park, E., Carrasco, J., **Breslow, A. S.** (2021, February). *Racism and the 40-times rule: Exploring renting, eviction, and systemic inequality in COVID-era NYC housing* [Roundtable]. Winter Roundtable Conference on Psychology and Education, Columbia University. Online.
60. Restar, A., Jin, H., **Breslow, A. S.**, White Hughto, J., Mimiaga, M., Cahill, S., Reisner, S. (2020, October). *Legal gender marker changes are protective against perceived discrimination and psychiatric stress among trans populations: Results from Project Voice* [Paper Talk]. American Public Health Association Annual Meeting, Virtual.
59. **Breslow, A. S.** (2020, July). *Cross-racial and anti-racist supervision: Practice and methods of relational-cultural therapy* [Lecture]. Anti-Racist & Multicultural Practices in Supervision Conference, New York University, Virtual.
58. Wojcik, H., **Breslow, A. S.** (2020, July). *LGBTQ experiences of “psychosis:” A community-centered approach to qualitative research* [Paper Talk]. Preaching to the Choir: International LGBTQ Psychology Conference, Virtual.
57. Wojcik, H., **Breslow, A. S.**, Augenblick, J. (2020). *Seeing the invisible: Identity and advocacy for LGBTQ clients and counselors* [Roundtable]. Counseling Psychology Conference, Virtual.

56. Augenblick, J., **Breslow, A. S.**, Wojcik, H. (2020). *Counseling psychology in a dying world: Navigating the future of the field in the face of extreme climate change* [Roundtable]. Counseling Psychology Conference, Virtual.
55. **Breslow, A. S.**, Guttman, J., Sandil, R., Silk, B., Wise, O. (2020, April). *Holistic queer and trans healing: A community collective approach to integrated health and wellness* [Workshop]. 2020 Counseling Psychology Conference, Virtual.
54. **Breslow, A. S.**, Brewster, M. E., Geiger, E. (2019, August). *Gatekeepers and genderqueers: Exploring transgender congruence, steps to transition, and resilience among a national sample of non-binary adults*. In E. Matsuno (Chair), Division 35, Section IV annual symposium on Emerging Areas of Science, Practice, and Education with LGBTQ People [Symposium]. American Psychological Association, Chicago, IL.
53. **Breslow, A. S.**, Brewster, M. E. (2019, August). *HIV/AIDS structural stigma and minority stress*. In B. Velez (Chair), Pushing the boundaries: Testing minority stress theory with diverse populations [Symposium]. American Psychological Association, Chicago, IL.
52. **Breslow, A. S.**, Guttman, J., Sandil, R., Silk, B., Wise, O. (2019, February). *Queer and trans wellness: A community collective approach to holistic health* [Roundtable]. Winter Roundtable Conference on Psychology and Education, Columbia University, New York, NY.
51. Geiger, E., Bensmiller, N., Brenman, M., **Breslow, A. S.**, Chan, A., Glaeser, E., Motulsky, W., Yucel, A., Sandil, R., Brewster, M. (2018, February). *#MeToo, YouToo, UsToo: Sexual harassment in the clinical context* [Symposium]. Winter Roundtable Conference on Psychology and Education, Columbia University, New York, NY.
50. Erdheim, J., **Breslow, A. S.**, Glaeser, E., Motulsky, W. (2018, February). *Queer and trans misogyny: Exploring unique, insidious effects of patriarchy in queer and trans communities* [Roundtable]. Winter Roundtable Conference on Psychology and Education, Columbia University, New York, NY.
49. Ittelson, A., Dalke, K., **Breslow, A. S.** (2018, February). *Intersex advocacy and care: Challenging patriarchal violence and bio-normalcy in legal, medical, and psychological work with intersex people* [Symposium]. Winter Roundtable Conference on Psychology and Education, Columbia University, New York, NY.
48. Glaeser, E., Geiger, E., Arnold, E., **Breslow, A. S.**, Chan, A., Sundri, J., Yucel, A., Sandil, R. (2017, February). *Other people's trauma: Thinking critically about grief, privilege, and the politics of allyship in social justice work* [Roundtable]. Winter Roundtable Conference on Psychology and Education, Columbia University, New York, NY.
47. **Breslow, A. S.**, Chan, A., Geiger, E., Glaeser, E., Yucel, A. (2017, February). *HIV is not a crime: Exploring psychological implications of HIV criminal laws in the United States* [Symposium]. Winter Roundtable Conference on Psychology and Education, Columbia University, New York, NY.

46. **Breslow, A. S.**, Brewster, M. E. (2016, February). *Disrupting monogamy and polyamory* [Roundtable]. Queer Disruptions Conference on Gender and Sexuality, Columbia University, New York, NY.
45. Payton, G., **Breslow, A. S.**, Chang, J. J., Fraga, E., Mejia-Smith, B. X. (2016, February). *Pathways to practice* [Symposium]. Winter Roundtable Conference on Psychology and Education, Columbia University, New York, NY.
44. Arnold, E. E., Choo, B., Wang, J., **Breslow, A. S.**, Brewster, M. E., Foster, A., Geiger, E., Sandil, R. (2016, February). *Redefining support: Unexpected mental health resources in the digital world* [Symposium]. Winter Roundtable Conference on Psychology and Education, Columbia University, New York, NY.
43. **Breslow, A. S.**, Brewster, M. E., Velez, B., Wong, S., Geiger, E., Soderstrom, B. (2015, August). *Exploring buffers against minority stress for transgender individuals. In A. Breslow (Chair), Minority stress beyond LGB: New frontiers in transgender, asexuality, and disability stigma research* [Symposium]. American Psychological Association, Toronto, Ontario, Canada.
42. Foster, A., Geiger, E., **Breslow, A. S.** (2015, August). *Intersectional theory in practice* [Roundtable]. American Psychological Association, Toronto, Ontario, Canada.
41. Geiger, E., Esposito, J., **Breslow, A. S.**, Sandil, R. (2015, March). *Talking feminism: Fear of the "F" word* [Roundtable]. Association for Women in Psychology, San Francisco, CA.
40. Foster, A., Geiger, E., Caso, T., Arango, S., **Breslow, A. S.**, Brewster, M. E., Cheng, J., Esposito, J., Morshedian, N., Sandil, R., Sawyer, J. S., Soderstrom, B. (2015, February). *Self and social justice: The benefits and drawbacks of hashtag activism* [Roundtable]. Winter Roundtable Conference on Psychology and Education, Columbia University, New York, NY.
39. Brewster, M., Cheng, J., Foster, A., **Breslow, A. S.**, Esposito, J., Geiger, E., Keum, B., Lenaburg, S., Sandil, R., Sawyer, J. S. (2014, February). *Me-Search: Processing insider/outsider identities when conducting studies with marginalized groups* [Symposium]. Winter Roundtable Conference on Psychology and Education, Columbia University, New York, NY.
38. Ventuneac, A. Rendina, H.J., Grov, C., **Breslow, A. S.**, Jimenez, R., Parsons, J. T. (2013, November). *Indicators of sexual health among highly sexually active gay and bisexual men: Research findings and future directions for a health promotion framework* [Paper Talk]. Society for the Scientific Study of Sexuality, San Diego, CA.
37. Hammer, I., Hornback, S., Jones, K., Nasert, V., **Breslow, A. S.**, Bimbi, D., Ventuneac, A., Parsons, J. T. (2013, July). *Project T-Talk: Research with transgender women, a different approach* [Symposium]. Philadelphia Trans-Health Conference, Philadelphia, PA.
36. **Breslow, A.S.** (2010, February). *Trans-ending exclusion: Gendered policies in Boston-area domestic violence shelters* [Paper Talk]. Undergraduate Sexualities Conference, Brandeis University, Waltham, MA.



35. **Breslow, A.S.**, Channon, A., Murphy, D., Weiss, E., Carter, O., Hanes, A. (2010, January). *Intersections of queer theory and feminism in psychological research* [Symposium]. Gender Studies Conference, Brandeis University, Waltham, MA.

### **Oral Presentations at Scientific Meetings - International**

34. **Breslow, A. S.**, Seckinelgin, H., Tariq, S., Jaspal, R., Breslow, J. (2020, February). *HIV, stigma, and resistance* [Symposium]. Transnational Sexuality and Gender Studies Course, Department of Gender Studies, London School of Economics and Political Science, London, UK.
33. **Breslow, A. S.**, Sandil, R., Glaeser, E., Woods, A., Siegel, K. (2018, June). *PrEP privilege: Awareness, utilization, and adherence to pre-exposure prophylaxis among a race-, sexual orientation-, and SES-diverse US sample of sexual minority men* [Paper]. International Congress of Applied Psychology, Montréal, Quebec, Canada.
32. Grov, C., Agymenag, L., Ventuneac, A., **Breslow, A. S.** (2012, November). *Navigating condom use and HIV status disclosure with partners met online: A qualitative pilot study with gay and bisexual men from Craigslist.org* [Paper Talk]. Society for the Scientific Study of Sexuality, Copenhagen, Frederiksberg, Denmark.
31. **Breslow, A. S.** (2008, May). *Community participation in HIV and pre-exposure prophylaxis (PrEP) research* [Paper Talk]. HIV/AIDS Conference, University of Cape Town, Cape Town, South Africa.

### **Poster Presentations at Scientific Meetings**

30. Carrasco, J., Bhattacharyya, S., **Breslow, A. S.**, Cook, B. (2021, July). Abolish force: Creating a liberated mental health system. APA Division 45 Research Conference, Online.
29. **Breslow, A. S.**, Glaeser, E., Motulsky, W., Geiger, E., Sandil, R., Brewster, M. (2018, August). *Genderpunks and demiqueers: Exploring the unique impact of non-binary transgender minority stress*. American Psychological Association, San Francisco, CA.
28. Geiger, E., **Breslow, A. S.**, Glaeser, E., Motulsky, W., Brewster, M. (2018, August). *Women's online sexual harassment: The development of a new measure*. American Psychological Association, San Francisco, CA.
27. **Breslow, A. S.**, Chan, A., Arnold, E., Glaeser, E., Yucel, A., Sandil, R. (2017, August). *Bis, tris, glutes, and lies: Objectification and body image concerns amongst app-using sexual minority men*. American Psychological Association, San Diego, CA.
26. Geiger, E., Yucel, A., Sundri, J., Chan, A., **Breslow, A. S.**, Sandil, R., Brewster, M. (2017, August). *Three swipes and Ur out: Applying objectification theory to dating app use among WSM*. American Psychological Association, San Diego, CA.
25. **Breslow, A. S.**, Brewster, M. E., Arnold, E. E. (2016, February). *HIV risk, body shame, and steroid use*

*amongst Grindr-using sexual minority men*. Winter Roundtable Conference on Psychology and Education, Columbia University, New York, NY.

24. Brewster, M. E., Soderstrom, B., Esposito, J., **Breslow, A. S.**, Caso, T., Arango, S., Foster, A., Geiger, E., Sandil, R., Morshedian, N., Sawyer, J. S., Cheng, J. (2015, August). *Understanding “monogamish” relationships: A content analysis of peer-reviewed articles*. American Psychological Association, Toronto, Ontario, Canada.
23. Velez, B., **Breslow, A. S.**, Brewster, M. E., Cox Jr., R., & Foster, A. (2015, August). *A test of objectification theory with transgender men*. American Psychological Association, Toronto, Ontario, Canada.
22. Cheng, J., Sandil, R., **Breslow, A. S.** (2015, August). *“No fried chicken, tacos, rice, or curry:” Experiences of men of color on Grindr*. American Psychological Association, Toronto, Ontario, Canada.
21. Esposito, J., Geiger, E., **Breslow, A. S.**, Foster, A., Sandil, R. (2015, March). *Disability and multiple sclerosis: Stigma, outness, and links with psychological well-being*. Association for Women in Psychology, San Francisco, CA.
20. **Breslow, A. S.**, Brewster, M. E., Wong, S., Lenaburg, S., Foster, A., Velez, B., Jones, K. (2014, August). *A test of objectification theory with transgender women*. American Psychological Association, Washington, D.C.
19. Brewster, M. E., Sandil, R., Eklund, A., **Breslow, A. S.**, & Cheng, J. (2014, August). *“No fats no fems:” The dark side of Grindr usage for sexual minority men*. American Psychological Association, Washington, D.C.

### **Invited Presentations**

18. **Breslow, A. S.** (2021, November). *Imagining the role of primary care in supporting LGBTQ and HIV-positive patients* [Grand Rounds]. Department of Family and Social Medicine, Montefiore Medical Center, Bronx, NY.
17. **Breslow, A. S.**, Renee Fisher, M. (2021, March). *Clinical and documentation practices to support criminalized patients involved in informal economies* [PGY-4 Lecture]. Psychiatry Residency Program, Montefiore Medical Center, Bronx, NY.
16. **Breslow, A. S.** (2021, March). *Introduction to clinical work with transgender clients and Black lesbian, gay, and bisexual clients* [Masters’ Student Lecture]. Department of Counseling, Developmental, and Educational Psychology, Boston College, Newton, MA.
15. Ittelson, A., **Breslow, A. S.** (2021, January). *Taking an affirming approach to mental health treatment with intersex populations* [Psychiatry Residency Lecture]. Department of Psychiatry and Behavioral Sciences, Montefiore Medical Center, Bronx, NY.

14. **Breslow, A. S.** (2020, November). *Relational approach to psychodynamic supervision* [Psychology Intern Lecture]. Department of Psychiatry and Behavioral Sciences, Montefiore Medical Center, Bronx, NY.
13. **Breslow, A. S.** (2019, September). *Bioethics of disclosure of chronic, invisible identities* [Bioethics case conference on genetic counseling]. Department of Bioethics, Albert Einstein College of Medicine, Bronx, NY.
12. **Breslow, A. S.**, Cox, B. (2019, September). *Measuring and addressing the psychological impact of structural stigma on marginalized communities*. Health Equity Research Lab Brown Bag Series, Cambridge Health Alliance and Harvard Medical School, Cambridge, MA.
11. Meller, U., **Breslow, A. S.** (2019, February). *Supporting trans and non-binary health through integrated, gender-affirming care*. Department of Primary Care, Montefiore Medical Center, Bronx, NY.
10. **Breslow, A. S.** (2019, January). *Politics of diagnosis: Gender as a psychosocial construct*. Department of Media Studies, New York University.
9. **Breslow, A. S.** (2018, November). *Psychoanalytic diagnosis, formulation, and treatment*. Department of Psychiatry and Behavioral Sciences, Montefiore Medical Center, Bronx, NY.
8. **Breslow, A. S.**, Maynigo, T. (2018, September). *Supporting LGBTQ relationships in the context of poverty and intergenerational trauma*. University Behavioral Associates, Montefiore Medical Center, Bronx, NY.
7. **Breslow, A. S.**, Cook, B., Mullen, B., Progovac, A. (2018, December). *AIDS and its inequalities: Addressing disparities and promoting health equity at Montefiore/Einstein and Harvard Medical School* [Grand Rounds]. Einstein-Rockefeller-CUNY Center for AIDS Research, Bronx, NY.
6. **Breslow, A. S.** (2018, March). *Delusions and identity diffusion* [Psychodynamic inpatient case conference]. Department of Psychiatry and Behavioral Sciences, Montefiore Medical Center, Bronx, NY
5. **Breslow, A. S.** (2017, March). *Sexual dis/orientations: Developing sexual identities*. Department of Psychology, Barnard College, New York, NY
4. **Breslow, A. S.** (2016, March). Introduction to *HIV/AIDS*. Department of Psychology, Hunter College, New York, NY
3. **Breslow, A. S.** (2016, January). *Identity integration and minority stress: The case of 'Javier.'* In R. Camon (Chair), Intersectionality of dimensions of identity: Clinical implications. Symposium, Multicultural Behavioral Medicine Conference, Columbia University Medical Center, New York, NY
2. Chiarilli, D., Ryan, B., Arnold, E., **Breslow, A. S.** (2016, April). *PrEPping for the future: HIV & LGBTQ current state of the research*. Symposium, QueerWeek Conference, Columbia University, New York, NY.
1. **Breslow, A. S.** (2015, December). Gray shame, velvet rage: *Aging through anger and internalized homophobia*. Outpatient case conference, Department of Counseling and Clinical Psychology, Teachers College, Columbia University, New York, NY.

---

## RESEARCH GRANT SUPPORT

### **NIMH K23-MH122342-01**

Under Review

*Bronx trans empowerment: Development of a data- and community-informed mental health intervention for transgender and nonbinary adults.*

Role: Principal Investigator.

PI: Aaron Samuel Breslow, PhD; Albert Einstein College of Medicine

Description: Given the symbiotic relationship between mental health disorders and HIV risk among transgender adults in the Bronx, this mixed-methods sequential explanatory study aims to utilize data and community participation toward the development of integrated mental health services for transgender adults. The project merges administrative claims and electronic medical record data for >10,000 transgender patients, matched with a 1:5 cohort of >50,000 non-transgender patients, as well as 36 qualitative interviews with stakeholders, to measure and mitigate disparities in mental healthcare services.

### **NIMHD R03-1R03MD012334-01**

2018-Present

*Identifying Gender Minority Health Disparities in Medicare Claims Data*

Role: *Research Scientist.*

PI: Ana Progovac, PhD; Harvard Medical School

Description: In 2016, the National Institutes of Health (NIH) formally designated gender minorities (i.e., transgender or gender non-binary persons) as a health disparity population, reflecting mounting evidence that this population has unique unmet health needs and that more research is needed to answer the epidemiological and health services questions which may help reduce disparities for this group. We seek to understand access and utilization of health services by identifying gender minority patients in Medicare claims and in electronic health records.

### **ACF-90FM0065-01-00**

2018-2020

*Healthy Marriage and Relationship Education Program*

Role: Interventionist

PI: Scott Wetzler, PhD; Montefiore Medical Center.

Description: The goal of this longitudinal intervention study is to implement and evaluate the adaptation of an empirically validated treatment for low-income couples and families in the Bronx, NY. With an average of 557 couples per year, the Supporting Healthy Relationships is a randomized control trial aimed to meet the need and demand for comprehensive family services for low-income couples, providing 24 hours of core workshops, employment services, and skills-based training for managing conflict and financial stressors.

### **Provost Investment Grant: Sexuality, Women, and Gender Project**

2013-2018

Role: Coordinator

PI: Melanie Brewster, PhD; Columbia University.

Description: The Provost's Investment Fund provides seed grants to support faculty proposals for innovative

projects that add value to Teachers College. The present grant was awarded to support the further expansion and development of the Sexuality, Women, and Gender Project (SWGPP); specifically growing its focus on maternal mental health and women's issues and implement the next wave of theories and practices for LGBTQ people and women through degree concentrations, events, and colloquia.

**NIH R01-DA034661**

2010-2013

*Multicomponent Intervention to Reduce Sexual Risk and Substance Use*

Role: Project Manager

PI: Jeffrey Parson, PhD; City University of New York.

Description: The goal of this study was to evaluate the efficacy of a peer-led innovative and scalable 7-session hybrid individual- and group-based HIV risk reduction intervention, based on Motivational Interviewing and Cognitive-Behavioral Skills Training with transgender women in New York City. This study was the first of its kind to evaluate the efficacy of a peer-led group intervention tailored for transgender women. Results were utilized to be scaled and replicated across mental health settings.

**NIH R01-MH087714**

2010-2013

*Compulsive Behaviors, Mental Health, & HIV Risk*

Role: Project Manager

PI: Jeffrey Parson, PhD; City University of New York.

Description: The goal of this study was to measure the impact of sexual compulsivity (i.e., behaviors that increase in frequency and intensity so as to interfere with personal, interpersonal, or vocational pursuits) on HIV risk behavior among highly sexually active men who have sex with men in New York City. The study utilized respondent-driven sampling to recruit and follow 400 men longitudinally for 13 months, with the aim of capturing the impact of neurocognitive deficits, experienced stigma and abuse, resilience, and event-level triggers on HIV risk behavior.

**NIH SC2-AI090923**

2010-2013

*HIV Risk and Venues for Meeting Sex Partners*

Role: Project Manager

PI: Christian Grov, PhD, City University of New York.

The goal of this longitudinal study was to utilize probability-based recruitment methods to identify and longitudinally follow (for 6 months) three diverse samples of sexually active MSM (N = 150): one sample recruited via public sex venues (n = 50), one recruited at bars (n = 50), and one recruited off the Internet (n = 50). This study tracked changes in participant's sexual behaviors, substance use behaviors, and venue frequenting to identify connections between venue-specific partners and subsequent sexual behaviors, HIV-risk, drug, and alcohol use. Data informed venue-based HIV prevention and intervention efforts, and treatments designed to reduce MSM's HIV associated risk behaviors.

**NIH R21-DA026792**

2010-2013

*Decisions about Risk Taking*

Role: Project Manager

PI: Sarit Golub, City University of New York.

The goal of this study was to understand the decision-making processes of young men who have sex with men (18-29) who were at high risk for HIV. The study aimed to assess underlying behavioral, emotional, and neurocognitive mechanisms through which young men make decisions about condom use, HIV status disclosure, and pursuing health care services.

**NIH R01-DA023395**

2010-2013

*Adherence, Counseling, & Education*

Role: Project Manager

PI: Jeffrey Parson, PhD; City University of New York.

The goal of this randomized control trial was to measure the acceptability and efficacy of a mindfulness-based stress reduction intervention with older adults (55+) living with HIV/AIDS.

---

## TEACHING EXPERIENCE

**Teachers College, Columbia University, New York, NY**

2018-Present

*Adjunct Clinical Professor, Department of Counseling & Clinical Psychology*

- Reconstructing Gender: Transgender Mental Health, Minority Stress, and Resilience \*Includes course and syllabus design
- Foundations of Psychotherapy

**New York University, New York, NY**

2018-Present

*Instructor, Department of Child and Adolescent Psychiatry*

- Sex Matters: Identity & Behavioral Development

**Albert Einstein College of Medicine, Bronx, NY**

2017-Present

*Assistant Professor, Department of Psychiatry and Behavioral Sciences*

- Minority Psychiatry
- Structural Determinants of Health

**Teachers College, Columbia University, New York, NY**

2014-2017

*Graduate Teaching Assistant, Department of Counseling & Clinical Psychology*

- Racial-Cultural Counseling (1x)
- Foundations of Counseling Psychology (1x)
- Group Counseling (4x)

- Evaluation Methods (1x)
- Multicultural Psychology (3x)
- Psychological Assessment (1x)
- LGBTQ Issues in Psychology and Education (1x)

**Brandeis University, Waltham, MA**

2009

*Undergraduate Teaching Assistant, Peace, Conflict, and Coexistence Studies*

- Writing Seminar in Peace, Conflict, and Coexistence

**MENTORSHIP**

**Postdoctoral Fellows**

Sriya Bhattacharyya, Ph.D., Montefiore Medical Center <i>Limited Permit Psychologist</i>	NYS Licensure	2020-2021
---------------------------------------------------------------------------------------------	------------------	-----------

**Doctoral Students**

Robert Cox, Jr., Teachers College, Columbia University <i>Unique and collective impact of interpersonal and structural stigma: Minority stress mediation framework with Latinxs</i>	External Reader	Spring 2020
----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------	-------------

**Masters Students**

Niko Vehabovic, Teachers College, Columbia University <i>Breaking the Stigma: An Expansive Look into Gender Euphoria from the Transgender, Nonbinary, and Gender Expansive Perspective</i>	Thesis Mentor	Spring 2021
-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------	-------------

Hailey Wojcik, Teachers College, Columbia University <i>Multiple minority stressors among LGBTQ individuals with psychotic disorders</i>	Thesis Mentor	Spring 2020
---------------------------------------------------------------------------------------------------------------------------------------------	------------------	-------------

Alison Noveli, Teachers College, Columbia University <i>Exploing how gender/sex in entertainment media influence the sexual agency and sexual scripts of adolescents</i>	Thesis Mentor	Spring 2020
-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------	-------------

Madison Liddle, Teachers College, Columbia University <i>BDSM and kink as processes of meaning making, mastery, and positive sexual self-schemas</i>	Thesis Mentor	Spring 2020
---------------------------------------------------------------------------------------------------------------------------------------------------------	------------------	-------------

**Medical Students**

Ari Morgenstern, Albert Einstein College of Medicine	Thesis	Spring 2020
------------------------------------------------------	--------	-------------

*Latinx disparities in the Medical Expenditure Panel Survey*

Mentor

### **Undergraduate Students**

Jianee Carrasco, Lehman College

Mentor 2019-2021

## **CLINICAL EXPERIENCE**

### **New York State Licensed Psychologist**

2019-Present

*No. 023592; NPI: 1285011999*

### **Montefiore Medical Center, Bronx, NY**

2020-Present

*Attending Psychologist*

- Conduct individual and group psychotherapy with low-income, high-risk patients
- Supervise predoctoral Clinical Psychology Interns rotating through Montefiore Medical Center.
- In 2019, created LGBTQ clinical rotation for interns and psychiatry residents, including transgender evaluations and letter writing with 200+ patient clinic; LGBTQ group; and couples and family systems supervision.

### **Montefiore Integrated Provider Association, Bronx, NY**

2020-Present

*Faculty Practice Psychologist*

- Conduct individual and couples psychotherapy through Montefiore Medical Group Faculty Practice

### **Alma Private Practice, New York, NY**

2019-2020

*Psychologist*

- Conduct weekly psychotherapy, including individual, group, couples, and family
- Supervise doctoral trainees and postdoctoral clinical fellows

### **Montefiore Medical Center, Bronx, NY**

2017-2018

*Predoctoral Clinical Psychology Intern*

- Predoctoral Clinical Internship in Adult Psychiatry. Rotations included: Addiction; AIDS Connected Ambulatory Program; CBT group; Crisis intervention; Consultation-liaison; Couples emotionally focused therapy; DBT group; Emergency Services Psychiatric Observation Suite; Family systems; Psychodynamic inpatient and outpatient individual and group; Supervision of medical students and residents

### **New York-Presbyterian/Columbia University Irving Medical Center, New York, NY**

2016-2017

*Advanced Clinical Psychology Extern*

- Advanced Clinical Psychology Externship in Adult Psychiatry. Rotations included: Acute crisis; Adult inpatient group; Community Services Psychiatry; Intensive Treatment Team; Psychodynamic group for



women with psychotic disorders; Short-term psychodynamic therapy

**New York-Presbyterian/Columbia University Irving Medical Center, New York, NY** 2015-2016

*Clinical Psychology Extern*

- Clinical Externship at the Lucy Wicks Clinic for HIV Mental Health. Rotations included: Addiction psychiatry; HIV intake and evaluation clinic; Lucy A. Wicks Clinic for HIV Mental Health; Psychodynamic group for sexual minority men with HIV

**Dean Hope Center for Educational and Psychological Services, Columbia University, New York, NY** 2014-2015

*Clinical Psychology Extern*

- Completed Clinical Psychology Externship in Community Mental Health. Rotations included: Adult clinical, neurocognitive, and projective test administration; Adult outpatient group for college students; CBT individual; Psychodynamic individual

**Opportunity Charter High School, New York, NY** 2014-2015

*Assessment Extern*

- Completed Psychology Assessment Externship in Child Psychiatry. Rotations included: Child clinical test administration; Child neurocognitive test administration

**Center for HIV/AIDS Educational Studies & Training, City University of New York, New York, NY** 2010-2013

*Clinical Coordinator*

- Oversaw HIV testing services for 1000+ participants as well as clinical risk and emergency screening and services. Rotations included: Clinical and neurological test administration; HIV testing and counseling; Risk assessment and emergency clinical intervention; Transgender women's group

**Brandeis University Queer Resource Center, Brandeis University, Waltham, MA** 2007-2010

*Clinical Director*

- Served as Peer Counselor and Clinical Director of the Queer Resource Center, managing 15+ peer counselors and \$5000 annual budget for clinical training. Rotations included: Student support group; Couples Counseling; Training and curriculum development

**Gay Men's Health Crisis, New York, NY** 2006-2007

*Clinical Intern*

- Served as undergraduate Clinical Intern in the Department of Mental Health. Rotations included: Adult outpatient substance abuse group; Home visits; Intake and evaluation clinic

**Fenway Community Health, Boston, NY** 2006-2007

*Clinical Intern*

- Served as Clinical Intern in the Sexual Health Department and LGBT Health Education Network. Rotation included Harm Reduction Group (weekly) for clients with substance abuse disorder

---

### COMMUNITY, DEPARTMENT, AND PROFESSIONAL SUPPORT

InterACT Advocates for Intersex Youth	Board Member	2020-Present
Einstein Bioethics Core, Albert Einstein College of Medicine	Member	2019-Present
Einstein LGBTQ Curriculum Development Group, Albert Einstein College of Medicine	Member	2019-Present
American Psychological Association Division 44 Special Task Group on Transgender and Nonbinary Inclusion in Graduate Psychology	Member	2019-2020
Inclusion and Diversity Committee, Montefiore Medical Center	Member	2018-Present
Queer Anga Wellness and Community Collective	Co-Founder	2018-Present
Transgender Health Alliance, Montefiore Medical Center	Member	2017-Present
Winter Roundtable Conference for Multicultural Psychology and Education, Teachers College, Columbia University	Coordinator	2016-2017
QueerTC Conference, Teachers College, Columbia University	Coordinator	2015-2016
National Depression Screening Day	Volunteer	2014-2015
HIV/AIDS Community Advisory Board, City University of New York	Co-Founder	2013-2014
AIDS Walk San Francisco	Volunteer	2007-2008

---

### HONORS AND AWARDS

Doctoral Dissertation Grant, Teachers College, Columbia University	2018
Research Dissertation Fellowship, Teachers College, Columbia University	2017
Mentoring Student Travel Award, Division 44, American Psychological Association	2015
Departmental Research Award, Teachers College, Columbia University	2015
Departmental Research Award, Teachers College, Columbia University	2014
Departmental Research Award, Teachers College, Columbia University	2013

Dean's List and High Honors, Brandeis University

2008-2010

Louis D. Brandeis Social Justice World of Work Fellowship, Brandeis University

2008

---

## NEWS AND MEDIA

Meeting the Health Care Needs of the Vibrant Bronx Transgender Community. [Link](#) September 2019  
*Albert Einstein College of Medicine, Department of Medicine Blog.*

Developmental Milestones in Young Transgender Women in Two American Cities: Results from a Racially and Ethnically Diverse Sample. Equal Eyes, Local LGBTIQ+ *News in Local Context.* [Link](#) August 2019

Queer Dating Apps are Unsafe by Design: Privacy is Particularly Important for L.G.B.T.Q. People. *The New York Times.* [Link](#) June 2019

New Study Highlights Objectification & Self-Esteem on the Apps. *Integrative Behavioral Health Research Institute.* [Link](#) April 2019

Building a Table for All: The Ascent of Queer Food Culture. *The New York Times.* [Link](#) June 2019

Wounded Healers: Queer Anga Envisions Radical Wellness. *Jarry Magazine.* [Link](#) December 2018

How to Have an Open Relationship. *Lovelink Podcast.* [Link](#) September 2017

Ready to Wed? No, Mom. *The New York Times.* [Link](#) July 2011

Marriage Equality is Really Exciting for Some Moms. *New York Magazine.* [Link](#) July 2011

Students Debut Publication on Internships. *Brandeis University International Center for Ethics, Justice, and Public Life.* [Link](#) December 2008

---

## REFERENCES

Belinda Carrasco, Ph.D. 347-394-7882  
Clinical Assistant Professor in Counseling Psychology belindacarrasco@nyu.edu  
New York University

Melanie Elyse Brewster, Ph.D. 212-678-7441  
Associate Professor of Counseling Psychology brewster@tc.columbia.edu  
Teachers College, Columbia University

Simon Rego, Psy.D. 718-920-5024  
Chief Psychologist & Director of Psychology Training srego@montefiore.org

Montefiore Medical Center

Jonathan E. Alpert, M.D., Ph.D.  
Chair, Department of Counseling & Clinical Psychology  
Montefiore Medical Center/Albert Einstein College of Medicine

718-430-3080  
jonathan.alpert@einstein.yu.edu

Benjamin Lê Cook, Ph.D.  
Associate Professor of Psychiatry  
Harvard Medical School/Cambridge Health Alliance

617-806-8741  
bcook@cha.harvard.edu